

SQ3R method

SQ3R is a reading strategy consisting of the initials of the following words:

Survey! Question! Read! Recite! Review!

SQ3R will help you build a framework for understanding exam materials.

Before reading, Survey the whole chapter

Course name, titles and subtitles

Images, tables, graphs, maps

Clarification questions or teacher remarks

Introductory or final paragraphs

Summary

As you inspect the material, ask questions:

Turn titles and subtitles into questions

Read the questions at the end of the chapter (if any)

Ask yourself, "What did the teacher say about this topic?" "What do I already know about all the material?"

When you start reading

Look for answers to previous questions

Answer the questions at the beginning or end of the material

Reread information describing graphics, photos, figures.

Write down all the words that have special characters in the text (underline, bold, italic, etc.)

Reduce the speed with which you read the more difficult paragraphs

Stop and reread the passages that are not clear to you

Read only one passage at a time, then try to rephrase it or recite what you understand.

Recite after reading a section or passage:

Ask questions about what you have already read, or summarize in your own words what you have already read

Take notes but formulate them in your own words

Highlight or underlined the important points that you have just read

Reciting: the more senses you use, the more you will remember what you read:

3rd power learning: I see, I speak, I hear

4th power learning: I see, I speak, I hear, I write!

Review: An ongoing process

Day 1

After reading and translating the chapter in your own words, you can ask questions based on the sheet for those points that are highlighted or underlined.

If you take notes while exposing the material aloud, ask questions about it.

Day 2

Go through the whole text to remind you of the important points

Try to answer the questions in the text without being inspired by the text.

These answers can be written or presented orally

You can use other mnemonics to retain information from the material studied.

Day 3, Day 4, Day 5

Resume the material and try to ask questions that you can answer later.