

## SPIR method

The method is, in essence, a way of approaching reading through selective but profound learning exercises of the synthesis ideas from the read text.

The following steps are essential:

(1) S (Survey) - perceptual-mental Survey, with the general approach of text

2) P (Preview) - anticipatory selection of what interests you;

(3) I (Inview) - in-depth look inside the text, with reflection on the essence of reading

(4) R (Review) - Review, revision of the content from the perspective of the in-depth elements followed by the structuring and notation of what was retained / learned from the reading performed