

PQRST method

- (1) P (Preview) - achieving a perceptual and / or mental vision / perspective on the text
- (2) Q (Questions) - short questionnaires or an explicit query on the values of the read text
- 3) R (Reading) - careful reading of the whole text, with essential fixations
- (4) S (Summary) - mental or written summary of basic ideas in an operational plan;
- (5) T (Test) - orderly testing / control / checking / evaluation, by items and evidence of what has been learned (retained)